

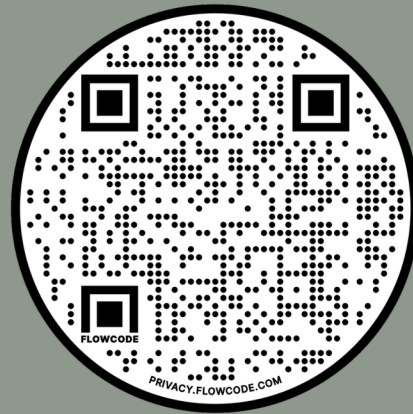


# OUR MISSION

|| We make healthy disciples of Jesus who cultivate thriving communities.

# Ready to apply?

Apply Here:  
[strongtower.org/formation](https://strongtower.org/formation)



Deadline: May 12th



FORMATION  
COHORTS



STRONG  
TOWER  
CHURCH

# What's a Formation Cohort?

Formation Cohorts are groups of 15-20 men and women, who are together pursuing formation into the image of Christ for the good of others.

They're higher-commitment, with focus on deeper training in three critical elements: spiritual practices, biblical theology, and missional living.

Participants engage in weekly spiritual practices, readings, lectures, discussions, and mentoring—along with an overnight spiritual retreat during the year.

**The next Formation Cohort begins in September 2024.**



## When and Where Does the Cohort Take Place?

The Cohort will meet weekly at the church campus on Sundays from 5:30p-7:30p beginning in September and ending in May. Breaks will happen for holidays.

## Topics Covered

- Emotionally Healthy Spirituality
- Biblical & Systematic Theology
- Silence and Solitude
- Fasting
- Prayer
- Crafting a Rule of Life
- How to Interpret the Bible
- Stewardship
- Grief and Loss
- Sabbath
- More!!

## IMPORTANT

1. Cost is **\$150 + books**. This covers all resources and the spiritual retreat. Payment options and limited scholarships are available.
2. Applications open **March 17th** and close **May 12th**.

